

# **United Way of Aiken County Community Impact Grant**

## **Request for Proposals: Health and Healing**

### **Introduction**

The United Way of Aiken County is undergoing a transition. It will function as a facilitator, seeking solutions to issues identified and prioritized through questionnaires, surveys and focus groups in all parts of Aiken County. The release of this request for proposal marks the beginning of the transition.

### **The pilot project**

Awards will be made to teams of organizations; the lead member of each team must be a United Way agency. Successful proposals will emphasize best practices, and describe the mechanism for measuring outcomes. Proposals must identify the segment of the Aiken County population to be served and the specific responsibility of each agency or entity on the proposal team. Proposals are due May 31, 2005. Total awards in the amount of \$100,000 will be announced on October 1, 2005, and funding for activities will continue for fifteen months.

### **Encouraging Healthy Lifestyles**

In Aiken County, 50% of residents have two or more risk factors for diabetes, and the rate of death from heart disease exceeds all other causes combined (accidents, stroke, cancer, infectious diseases). Therefore, the United Way of Aiken County will allocate funds to provide support services and educational programs that encourage healthy lifestyles. These programs may address, but are not limited to nutritional awareness, obesity prevention, smoking cessation, maintaining healthy blood pressures, lipid levels, and blood sugar levels.

### **Avoiding Risky Behaviors**

Many children and teens self-report risky behaviors: 33% drink alcohol, and 20% use illegal drugs. About 1,800 teens in our county are infected with sexually transmitted diseases, and 6% of all babies are born to mothers under 18 years of age. Only about 50% of our children complete high school by the age of 19. Therefore, the United Way of Aiken County will allocate funds to provide support services and educational programs to encourage the avoidance of risky behaviors. These programs can include, but are not limited to, drug, alcohol, and tobacco abuse, unsafe sexual activities, dropping out of high school, and dangerous driving.

### **To apply**

Please submit the attached cover sheet and the application by May 31, 2005, at 3:00 p.m. according to the instructions at the bottom of the application. You will be notified when the United Way of Aiken County receives your proposal. We will post a list of proposals and teams on our web site [www.uwaiken.org](http://www.uwaiken.org).

### **For further information**

Email questions to Mary Calabro at [mary@uwaiken.org](mailto:mary@uwaiken.org). We will answer your question by return email.

**United Way of Aiken County  
Community Impact**

**Proposal Cover Sheet**

**Health and Healing**

Lead agency name, address:

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Contact person, phone, and email:

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Additional agencies on team:

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Focus area of proposal: \_\_\_\_\_

Proposal title:

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Amount requested: \_\_\_\_\_