



2020 Logic Model
Counseling Program

INPUT	ACTIVITIES	OUTPUTS	OUTCOMES	
<i>Resources We Invest</i>	<i>Implementation</i>	<i>Program Counts</i>	<i>Short-Term</i>	<i>Long-Term</i>
<ul style="list-style-type: none"> • Board Members • 20 staff members <ul style="list-style-type: none"> » 3 Administrative » 3 Community Outreach » 7 Emergency Shelter » 7 Direct Services • Staff benefits • 2 contract specialists • 32 volunteers and interns • Local, state, and federal grants • Administrative functions • Main office and satellite office <ul style="list-style-type: none"> » building maintenance and repair » security and surveillance equipment » furnishings • Office equipment • Materials and supplies • Staff Training • Community training • Community donations • Community partners • Virtual platforms 	<ul style="list-style-type: none"> • Adult - weekly counseling sessions • Child - weekly counseling sessions • Psychoeducational session • Emotional support • Crisis counseling • Individualized safety planning • EMDR • Play therapy • Sand tray therapy • Telecommunication • Clinical staffing 	<ul style="list-style-type: none"> • Adult counseling sessions: 941 • Child counseling sessions: 151 • Follow up services: 240 • Total counseling clients: 127 	<ul style="list-style-type: none"> • Survivors feel supported and understood • Survivors do not blame themselves • Survivors feel more positive about their lives • Survivors feel less isolated • Survivors gain knowledge about coping mechanisms • Survivors can identify their personal strengths and coping skills • Survivors are aware of the many effects of domestic violence and sexual violence • Parents feel better equipped to help their children through cope • Parents feel better equipped to recognize warning signs in children • Survivor symptoms are reduced • Childhood witness symptoms are reduced 	<ul style="list-style-type: none"> • Short-term outcomes persist • Higher quality of life • Survivors remain stable in their recovery • Decreased social isolation • Survivors advocate for themselves and have increased self confidence • Survivors have healthy relationships (community, family, friends) • Survivors remain free from violence • Survivors demonstrate the ability to provide for the basic needs of self and children • Survivors are capable of living independently from perpetrator • Survivor show a reduction in trauma associated with violence

We pledge our commitment to diversity and inclusion in our mission to support and empower victims of domestic violence and sexual violence and their families by providing services, reducing the tolerance of abuse and advocating for social change.

BELIEVE



EMPOWER



EDUCATE