



EDUCATION and ADVOCACY 2023

To provide positive education about mental health to our community in hopes of removing the stigma and allowing individuals to talk and be able to identify signs of mental illness and suicide.



INPUTS

- Executive Director
- Administrative Assistant
- Laptop/ Computer
- PowerPoint Projector
- Brochures/ Evaluations
- Screenings tools
- Training materials
- Referral by phone / website
- National Depression Screening Day
- Monthly Support Group
- Community event for Suicide Awareness through the Coalition for Suicide Prevention
- Annual Out of the Darkness Walk
- Preventing suicides websites

Activities

- Attend civic meetings to discuss impact of mental illness in our community.
- Facilitate training for individuals on suicide prevention.
- Curriculum to Aiken County schools for their use.
- Communicate with Aiken County Coroner regarding suicide statistics.
- Reproduce materials to be used in training.
- Conduct confidential depression screens and refer as needed.
- Held monthly Suicide Bereavement support group.
- Hold monthly Suicide Coalition meetings for suicide prevention.

Participants

- People seeking help through our referrals to the CCR.
- Individuals seeking support for themselves, friends or family member call our agency.
- Individuals seeking education/preparedness on mental health issues.
- Families and loved one's that have had a person in their life complete suicide.
- Community and school age children participate in community education events.

OUTCOMES

- 2023: 40 suicides occurred.
- 1,300 students were trained in Signs of Suicides prevention curriculum.
- 26,000 website visitors and over 22,000 phone referrals.
- 204 suicide saves by phone.
- Annual Suicide Prevention Summit we had 300 people attendance.
- Out of the Darkness Walk was held and more than 550 were in attendance.
- 120 people came to the monthly Support Bereavement groups we have added another faith-based group lead by a minister but hosted by us.